



# Parents Helping Parents

*Serving Families of Children with Special Needs*



## CHECK IN !



Let's meet **briefly** to  
**cheers** each other for  
completing another week  
of supporting our school  
age children.

It's summer though, so  
let's talk about recrea-  
tion, activities, peers,  
building on our children's  
strengths, and fun!

We NEED to have each  
other's backs—this is not  
easy, but we can do it!

**Friday, June 18**

**3-3:30 pm**

**Via Zoom**



Email to RSVP: [php@ucp-slo.org](mailto:php@ucp-slo.org)  
(805) 543-3277

Our staff is committed to helping parents like you navigate the joys and challenges of raising a child with special needs or learning related issues. Family, friends and professionals offer help and support but our parents can honestly say, "We've been there!"



**Tri-Counties  
Regional Center**

